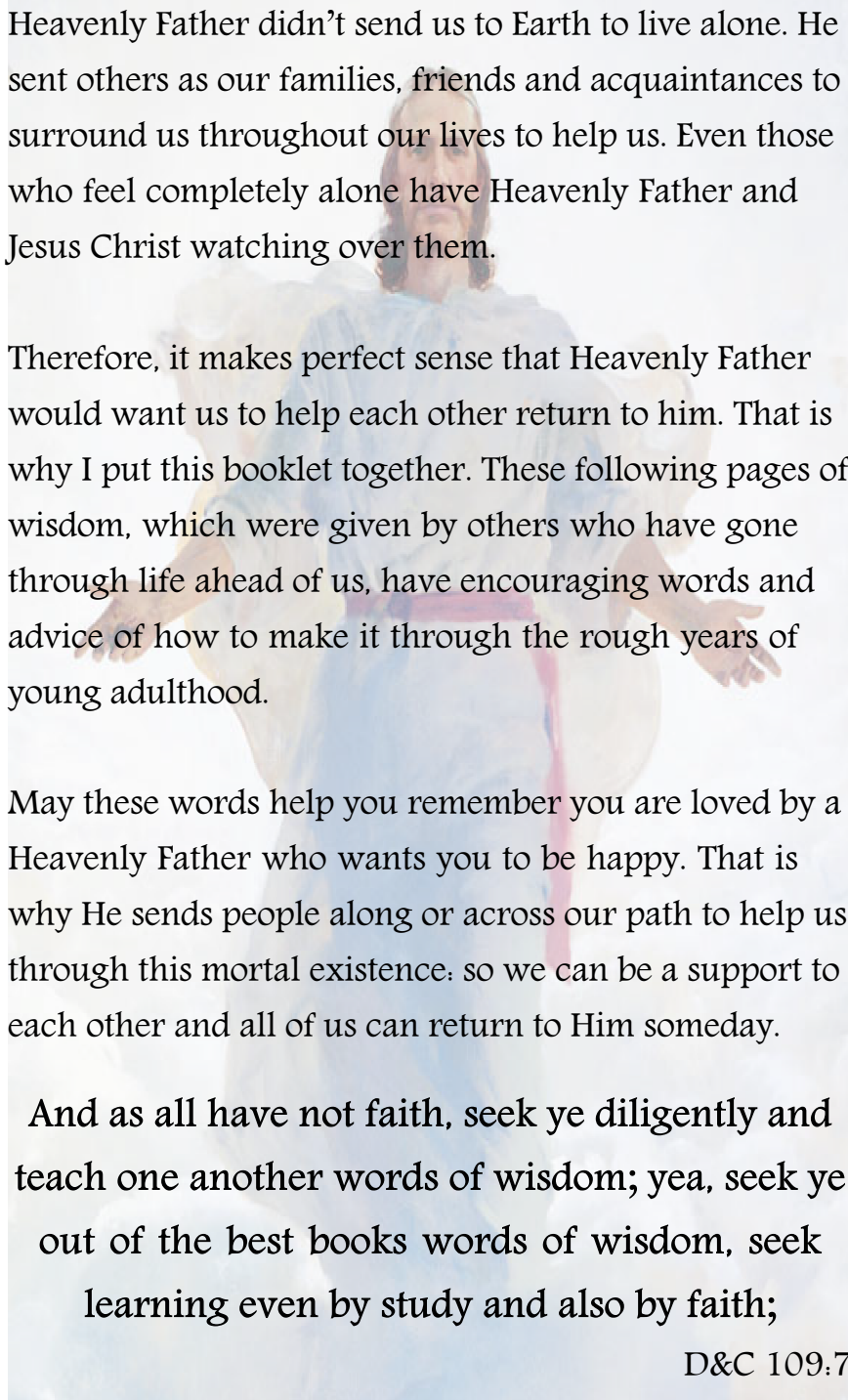


*Words
of
Wisdom*



Heavenly Father didn't send us to Earth to live alone. He sent others as our families, friends and acquaintances to surround us throughout our lives to help us. Even those who feel completely alone have Heavenly Father and Jesus Christ watching over them.

Therefore, it makes perfect sense that Heavenly Father would want us to help each other return to him. That is why I put this booklet together. These following pages of wisdom, which were given by others who have gone through life ahead of us, have encouraging words and advice of how to make it through the rough years of young adulthood.

May these words help you remember you are loved by a Heavenly Father who wants you to be happy. That is why He sends people along or across our path to help us through this mortal existence: so we can be a support to each other and all of us can return to Him someday.

And as all have not faith, seek ye diligently and teach one another words of wisdom; yea, seek ye out of the best books words of wisdom, seek learning even by study and also by faith;

D&C 109:7

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

Enjoy life and make the best of it.

What words of wisdom would you have liked to have been
given and heeded 5 or 10 years ago?

What do you think you will be doing to understand the
atonement and the temple?

*Life's journey is not traveled on a freeway devoid of
obstacles, pitfalls, and snares. Rather, it is a
pathway marked by forks and turnings. Decisions
are constantly before us. To make them wisely,
courage is needed: the courage to say no, the
courage to say yes.*

Decisions do determine destiny.

Thomas S. Monson,

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

Don't forget to pray! Whether it's at home, at school, or at work,
the Lord cares about you and all aspects of your life. Also, stay
in school - get a degree. Find what you love to do in life, then
pursue it!

What words of wisdom would you have liked to have been
given and heeded 5 or 10 years ago?

ALWAYS read your scriptures, say your prayers and attend
church. Also... Don't worry about dating in high school. Just
don't.

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

To put your trust in the Lord's time table and having a good balance of living for right now while preparing for the future.

The difficulties which come to us present us with the real test of our ability to endure. A fundamental question remains to be answered by each of us: Shall I falter, or shall I finish? Some do falter as they find themselves unable to rise above their challenges. To finish involves enduring to the very end of life itself.

Thomas S. Monson,

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

Do good. Trust God. Don't worry.

Take reasonable risks (how do you know your full potential if you don't raise the bar?)

Set goals - short term and long term

Enjoy every moment

Get to know your Savior - he will be your Best Friend.

It'll all work out in the end. If it's not working out, it's not the end.

What words of wisdom would you have liked to have been
given and heeded 5 or 10 years ago?

Dream big, but set goals on how to get there. Try something new. You can do it!

You are all beautiful/handsome just the way you are.

Life will be what you make it.

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

Talk to people. If you never talk to anyone and just wait for someone to talk to you, you might miss a wonderful friendship. Don't forget to smile!

What words of wisdom would you have liked to have been
given and heeded 5 or 10 years ago?

Don't be discouraged and don't fall away. Heavenly Father knows what you need, has a plan for you, and if you do your part and trust in the Lord all will be well.

*And, if you keep my commandments and
endure to the end you shall have eternal life,
which gift is the greatest of all the gifts of God.*

D&C 14:7

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

For starters, forget about your sins and put them behind you. When you move forward by faith in Christ you will be prompted, pushed and guided to where you need to be. Faith in Christ, repentance, baptism, receiving the Holy Ghost and enduring to the end will help anyone achieve their potential.

What words of wisdom would you have liked to have been
given and heeded 5 or 10 years ago?

Quit worrying about how bad or sinful you are. Start to do what the Lord wants and those sins will be resolved fast. So quit worrying about it and go to work for the Lord. You can repent and move on.

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

Network: get to know the people you come in contact with at church, school, work, etc. Tell them about your plans/interests; they may have connections that open up amazing options for you.

Make your relationship with the Godhead your greatest relationship priority. This isn't a decade of desperation, take ownership of your life and allow yourself to grow.

What words of wisdom would you have liked to have been
given and heeded 5 or 10 years ago?

Make and keep patterns of healthy living: Sleep, exercise, meditation, etc.

Whatever the Lord calls you to do, move forward in faith and he'll provide a way.

*Always, day or night, wherever you are,
whatever you are doing, seek to recognize
and respond to the direction of the Spirit.*

Richard G. Scott

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

3 Nephi 13: 31-34 Always place God first in whatever decision you are making and in the end everything will work out to your good.

What words of wisdom would you have liked to have been
given and heeded 5 or 10 years ago?

I would have liked to know the power of prayer.

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

Live life to the fullest. You are where you are supposed to be. Either obtain an education that will satisfy you with a promising career, or find a career that will make you happy. Take this time in your life to find “you” :)

What words of wisdom would you have liked to have been
given and heeded 5 or 10 years ago?

Enjoy life - time passes so quickly and I wish someone had told me to enjoy my adolescent years and have fun and to make lots of memories.

*Whatever principle of intelligence we attain unto in this life, it
will rise with us in the resurrection.*

*And if a person gains more knowledge and intelligence in this
life through his diligence and obedience than another, he will
have so much the advantage in the world to come.*

D&C 130:18-19

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

Invest in your financial education. Your banker doesn't care what you got on your report card. Learn how to read a financial statement.

What words of wisdom would you have liked to have been
given and heeded 5 or 10 years ago?

No matter what you do in life seek ye for the kingdom of God first. Trust me, I learned the hard way all the booze and questionable decisions we are inclined to make will not fill the emptiness in your soul. Only God can do that.

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

Don't be afraid to be yourself. If you like a certain guy/girl, talk to them. All you have to do is say hi. Be kind and have patience for other people.

What words of wisdom would you have liked to have been
given and heeded 5 or 10 years ago?

Invest in your education. It's okay to fail as long as you learn something from it. Don't let others talk you out of your life choices. You're the one living it and chances are they won't be around for long.

Good people believe in you. We believe in you, your parents and brothers and sisters believe in you, and God expects the best from you. You must believe in yourself. Don't give in when the going is rough, for you are laying the foundation of a great work, and that great work is your life, the fulfillment of your dreams. Never underestimate what you can become or how your talents may eventually be used.

David B. Haight

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

Treat others with respect. Discipline yourself to save money. Be consistent with the good things you do that can help yourself and the people around you. Have a good attitude in life. Be humble.

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

Stay close to the Lord by doing those small and simple things EVERY day. When you feel down, go and do something for someone else.

What words of wisdom would you have liked to have been
given and heeded 5 or 10 years ago?

Make a decision about what you want to do in life, then pray until you know it's right in your heart and your head and if not then study it out and pray some more. If you know you're where you're supposed to be, then no matter what happens you can take comfort in that.

Some of you may wonder: Is there any future for me? What does a new year or a new semester, a new major or a new romance, a new job or a new home hold for me? Will I be safe? Will life be sound? Can I trust in the Lord and in the future? Or would it be better to look back, to go back, to stay in the past?

To all such of every generation, I call out, 'Remember Lot's wife.' Faith is for the future. Faith builds on the past but never longs to stay there. Faith trusts that God has great things in store for each of us and that Christ truly is the "high priest of good things to come" (Hebrews 9:11). Keep your eyes on your dreams, however distant and far away. Live to see the miracles of repentance and forgiveness, of trust and divine love that will transform your life today, tomorrow, and forever.

Jeffrey R. Holland

Sometimes we make the process more complicated than we need to. We will never make a journey of a thousand miles by fretting about how long it will take or how hard it will be. We make the journey by taking each day step by step and then repeating it again and again until we reach our destination... Our Heavenly Father loves each one of us and understands that this process of climbing higher takes preparation, time, and commitment. He understands that we will make mistakes at times, that we will stumble, that we will become discouraged and perhaps even wish to give up and say to ourselves it is not worth the struggle.

We know it is worth the effort, for the prize, which is eternal life, is "the greatest of all the gifts of God." 3 And to qualify, we must take one step after another and keep going to gain the spiritual heights we aspire to reach.

Joseph B. Wirthlin

What words of wisdom would you pass on to your fellow Young Single Adults for their success in life?

Stay close to your Heavenly Father and Jesus Christ. Take advantage of the stage of life we are in. Don't sweat the small stuff. Take time for yourself so you can learn new skills or develop skills you already have.

What words of wisdom would you have liked to have been given and heeded 5 or 10 years ago?

Take life one day at a time. Don't worry about things you can't control! Don't let life pass you by because you are worried about the future.

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

Sometimes you just have to take one day at a time. If you feel like you're in a rut or things just won't go your way, you just need to take a few days just going through and being patient. Opportunities will show up when they need to.

What words of wisdom would you have liked to have been
given and heeded 5 or 10 years ago?

Life isn't a race. Just because practically everyone you know now are married with three kids and you're not doesn't mean you're failing. Just slow down and enjoy life at your own pace.

*Life is God's greatest gift to man, and what we
do with our life is our gift to God.*

Franklin D. Richards

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

Don't overcomplicate life - the gospel is simple! You can't expect success to just come knocking at your door. You need to be the one knocking on doors. "Adventure [aka opportunity] is out there!" - Russell from UP.

What words of wisdom would you have liked to have been
given and heeded 5 or 10 years ago?

Plan ahead! Don't put off making decisions because you're worried about making the wrong one. The sooner you make your best decision the sooner you may find the things you don't want.

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

To keep God First in everything you do! When He is first, he can bless all other aspects of your life. He will not bless anything that's ahead of Him. That includes putting commandments of God in front of our own desires, dreams, and endeavors. I'd encourage everyone to keep their faith and hope burning brightly, especially in the Savior, but also in the plan He has for each of us individually. Always look for ways to improve yourself and come unto Christ.

What words of wisdom would you have liked to have been
given and heeded 5 or 10 years ago?

That I can believe in myself because God believes in me. I believe I received that wisdom but I wish I would've listened to it earlier. I wish I would've known the true meaning of grace in its complete form. Anything is possible for those that believe in Christ and use his atonement.

You who are single and who face many challenges, put Him first in your lives. He loves you. As you reach up and pour out your hearts to Him, you will receive strength and faith to meet the tests you struggle to face. He will not remove the challenges, but He will strengthen you so you can carry the burdens and meet the tests. He is there. He loves you ... Yes, the answer and solution to all the challenges and needs we have, national or personal, is to turn our hearts to God, put Him first in our lives, keep His commandments—and all things will work for our good, even those tests which seem so big and require so much. They, too, will bless our lives.

Rex C. Reeve

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

I would say that young single adults should always remember that safety, security, and confidence in one's self and in one's personal circumstances does not come from marriage, school, or job. But it ultimately comes from our personal commitment to follow the Savior and his teachings everyday of our lives regardless of personal circumstances.

What words of wisdom would you have liked to have been
given and heeded 5 or 10 years ago?

I wish someone had told me 5 or 10 years ago about the great joy and pleasure that comes from forgetting about yourself and serving those around you.

The Holy Ghost will guide you on your journey here in mortality, even when you feel you are in flat light, uncertain of what lies ahead. You need not fear. As you stay on the path that leads to eternal life, the Holy Ghost will guide you in your decisions and in your learning.

Mary N. Cook

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

No matter what life brings you, stay strong in your faith. You can overcome anything life decides to throw at you if you keep walking on the right path.

What words of wisdom would you have liked to have been
given and heeded 5 or 10 years ago?

I wish I had known life was going to be such a bumpy road. I envisioned something very different than what I have.

What words of wisdom would you pass on to your fellow
Young Single Adults for their success in life?

Don't be afraid to dream and plan. Things may not turn out as you had planned, but by looking forward with hope, we get a lot farther than if we were still at the crossroads wondering where to go.

Take time to get to know the Savior himself.

What words of wisdom would you have liked to have been
given and heeded 5 or 10 years ago?

Take time to do those things you enjoy (learning something new may be just that)

Don't be so focused on the bad that might happen. Bad and good are just as likely to happen, so don't overemphasize on the negative.

Your questions and concerns are just as important as anyone else's.

Whenever the adversary cannot persuade imperfect yet striving Saints such as you to abandon your belief in a personal and loving God, he employs a vicious campaign to put as much distance as possible between you and God. The adversary knows that faith in Christ—the kind of faith that produces a steady stream of tender mercies and even mighty miracles—goes hand in hand with a personal confidence that you are striving to choose the right. For that reason he will seek access to your heart to tell you lies—lies that Heavenly Father is disappointed in you, that the Atonement is beyond your reach, that there is no point in even trying, that everyone else is better than you, that you are unworthy, and a thousand variations of that same evil

Arranged by: Jasmine Marie

Thank you to all who helped me
with this! I couldn't have done
it without you!